The third document need only be a single sentence or ranked list. It does not need to be anything more. Below are some sample formats of the third required document stating language preferences. Any format that clearly lists the language(s) for which you are applying and if you have any preference for levels is perfectly acceptable as long as the information clearly conveys your preference to the review committee. These samples are not exhaustive, and can be applied for any language/level:

Example 1
I am applying to teach Bengali at any level.

Example 2
I am applying to teach either Hindi or Urdu and would prefer the Elementary level course of either language.

Example 3
1) Elementary Tibetan
2) Intermediate Tibetan

Example 4
My first choice would be to teach Urdu at any level. My second choice would be to teach Elementary Pashto.